



MAKOS

Zonal Championships

11 Feb 2017

Swimmer Profile

DANIEL STRANG

Club: Murihiku

Best Stroke: Butterfly

Age: 15

Coach: Lisa Pankhurst

Greatest achievement/s in swimming:

3rd 400 IM NAGs 2015

Southland Record 13 yr Boys 400 IM 2015

2nd 4x 200m Freestyle relay NAGs 2016

Major goals for the next 2 years?

Continue to compete at the top of my game by setting PB's and making finals at NAGs/ Short Course Champs

What is your favourite motto?

When it feels tough, you are doing it right

If you could play another sport what would it be?

Surfing

What would your superhero name be?

Kyle

Who or what inspires you and why?

My coaches, Jeremy Duncan and Lisa Pankhurst because I know that they whole-heartedly want me to do the best that I can.